

Household Emergency Preparedness Manual

Printable Checklist

Tier 4: Sustainable Community

Northern Utah / Wasatch Front Edition

Every checklist item from every chapter for this tier, gathered in one place for printing. See the full manual for context, skills, and equipment/supplies detail behind each item.

Chapter 1: Water & Food

- ☐ At least one shared/community food-preservation resource identified or organized
- ☐ Skills taught to at least one household beyond your own
- ☐ Seed stock duplicated across more than one household
- ☐ Shared water infrastructure (if any) has an agreed maintenance plan
- ☐ Community reserve or mutual-aid buffer established
- ☐ Simple record-keeping in place for shared/traded resources
- ☐ Practiced: run at least one shared event (canning day, seed swap, skill-share) with neighbors

Chapter 2: Sanitation & Medical

- ☐ More than one trained first-aid/medical responder per neighborhood cluster
- ☐ Outbreak/quarantine protocol agreed on before it's needed
- ☐ Shared health records system in place for opted-in households
- ☐ Community waste/composting site sited and rules agreed
- ☐ Shared medical cache and trained-responder roster established
- ☐ Reference library copies distributed across more than one household
- ☐ Practiced: a CERT training or equivalent community drill completed

Chapter 3: Energy & Heat

- ☐ Shared or coordinated microgrid/battery capacity established across more than one household

- ☐ Load-priority agreement in place before a shortfall happens
- ☐ Repair skills taught to more than one person in the neighborhood
- ☐ Community woodlot or fuel depot with a sustainable-yield plan
- ☐ Shared spare-parts inventory and repair workshop space established
- ☐ Practiced: run at least one community energy/heat coordination drill or meeting

Chapter 4: Security & Shelter

- ☐ Written community charter/bylaws established, covering governance and dispute resolution
- ☐ Guard duty rotation formalized across multiple households
- ☐ More than one person per household cross-trained to lead response or stand watch
- ☐ Plan in place for safely sheltering displaced neighbors/family
- ☐ Shared observation post and alert system established
- ☐ Community defense cache and shared perimeter infrastructure in place
- ☐ Practiced: a full watch-rotation and community alert drill completed
- ☐ Defensible space zones (0-5-30-100 ft) established and maintained around the home
- ☐ Ember-resistant vents, Class A roofing, and clear gutters (wildfire hardening)
- ☐ N95/P100 respirators on hand; Corsi-Rosenthal box materials or HEPA purifier available
- ☐ Passive cooling measures (reflective coverings, night ventilation) in place for summer
- ☐ Heat illness signs known by every adult in the household
- ☐ Exposed pipes insulated; main water shut-off location known
- ☐ Roof snow load and ice dam risk assessed
- ☐ Property's FEMA flood zone checked; sandbagging technique known
- ☐ Practiced: household knows evacuation triggers for wildfire and flash flood specifically, distinct from the general lockdown/evacuation routine

Chapter 5: Communication

- ☐ Multiple trained net control operators in the community
- ☐ More than one household has a licensed HAM operator
- ☐ Community repeater or shared mesh backbone established
- ☐ Shared frequency/protocol directory distributed to all participating households

- ☐ Spare radio equipment cache maintained at the community level
- ☐ Connected to (or actively building) a county ARES/RACES group
- ☐ Practiced: run a full community net with message relay/traffic handling exercised

Chapter 6: Access & Functional Needs

- ☐ More than one trained caregiver per household with significant AFN needs, community-wide
- ☐ Structured wellness-check system established and staffed
- ☐ Community shelter/evacuation plans built with direct AFN community input
- ☐ Shared adaptive equipment cache and community fabrication workshop established
- ☐ Communication systems include accessible formats (visual, text-based, relay support)
- ☐ Practiced: a full community wellness-check and inclusive-shelter drill completed

Chapter 7: Mental Health

- ☐ Multiple community members trained in Mental Health First Aid or peer support
- ☐ Wellness-check system explicitly covers psychological isolation, not just physical needs
- ☐ Community gathering space established for group processing and ceremony
- ☐ Peer support roster maintained and current
- ☐ Caregiver/responder burnout actively watched for and addressed
- ☐ Practiced: at least one facilitated group check-in or processing session held

Chapter 8: Pet Evacuation & Shelter

- ☐ Multiple community members trained in pet first aid
- ☐ Emergency fostering network established and rostered, before it's needed
- ☐ Community pet medical/supply cache established
- ☐ Reunification system extended to community scale
- ☐ Shared feed/livestock infrastructure coordinated if applicable
- ☐ Practiced: at least one fostering-network or reunification drill completed

Chapter 9: Digital Data & Documents

- ☐ Community record-keeping system established for property, agreements, and disputes

- ☐ Multiple people trained in archival/digitization skills community-wide
- ☐ Records physically distributed across more than one location/household
- ☐ Community records registry maintained so records can actually be found
- ☐ Succession plan in place for who maintains records if the current keeper is lost
- ☐ Practiced: a community records audit completed to confirm everything is where the registry says it is

Chapter 10: Economic & Financial

- ☐ Local currency/credit system (if used) formally designed with anti-counterfeiting basics
- ☐ Economic dispute resolution process trusted and actually used by the community
- ☐ Regular market/trade event scheduled and running
- ☐ Skill apprenticeship/teaching formalized as part of the local economy
- ☐ Community ledger distributed across multiple households
- ☐ Practiced: at least one full market day held with multiple households participating

Chapter 11: Fitness

- ☐ Heavy-labor duties formally rotated across the community, not concentrated in a few people
- ☐ Regular group training sessions held
- ☐ Tasks matched to the full range of physical abilities in the community, not an all-or-nothing standard
- ☐ Succession plan in place for physically demanding community roles
- ☐ Shared heavy tools and training space established
- ☐ Practiced: a full community labor rotation has run at least one complete cycle

Chapter 12: Transportation

- ☐ Community evacuation routes and rally points coordinated with neighbors
- ☐ Multiple community members trained in vehicle repair
- ☐ Shared fuel depot established with agreed access rules
- ☐ Shared heavy equipment (tractor, trailer) pooled and accessible
- ☐ Community transport roster maintained and current
- ☐ Practiced: a community route-coordination drill completed

Chapter 13: Post-Disaster Recovery & Rebuilding

- ☐ Verified contractor list shared and maintained across the community
- ☐ Community members trained in basic damage-assessment triage
- ☐ Mutual aid rebuilding labor coordinated and rostered
- ☐ Shared rebuild equipment pooled and accessible
- ☐ Practiced: at least one household's rebuild benefited directly from shared community knowledge or labor

Security & Shelter: Regional Hazard Considerations (Cross-Tier)

- ☐ Defensible space zones (0-5-30-100 ft) established and maintained around the home
- ☐ Ember-resistant vents, Class A roofing, and clear gutters (wildfire hardening)
- ☐ N95/P100 respirators on hand; Corsi-Rosenthal box materials or HEPA purifier available
- ☐ Passive cooling measures (reflective coverings, night ventilation) in place for summer
- ☐ Heat illness signs known by every adult in the household
- ☐ Exposed pipes insulated; main water shut-off location known
- ☐ Roof snow load and ice dam risk assessed
- ☐ Property's FEMA flood zone checked; sandbagging technique known
- ☐ Practiced: household knows evacuation triggers for wildfire and flash flood specifically, distinct from the general lockdown/evacuation routine